

# Medical Center stresses prenatal care as foundation for children's well-being

PROVO — Utah Valley Medical Center puts a great deal of emphasis on prenatal care in order to encourage prospective parents to ensure the well-being of their children.

Utah continues to have the nation's highest birth rate and that birth rate is led by Utah County, said Mark Howard, hospital administrator.

For example, nearly 5,000 babies were born in Utah Valley Regional Medical Center last year.

As part of its commitment to the safest, most up-to-date prenatal care, the center offers free pregnancy tests every Thursday from 10 a.m. to noon in the maternity area.

"We want people to know as soon as possible when they're pregnant so that they can take care of themselves properly, avoid harmful substances, and practices," Vicki McClellan, assistant director of nursing, said.

The center's behavioral medicine department will hold a free public lecture on "Relaxation Tips for Pregnant Women" Aug. 16, at 10 a.m. in the Clark Auditorium.

Therapist Bill Marshall will discuss the nature of stress and how to deal with it in pregnancy. A personal cassette tape will be made for each participant that can be used at home or in labor.

Gov. Scott M. Matheson has proclaimed this week as Prenatal Awareness Week, and he encourages prospective parents to ensure the well-being of their children through proper prenatal care.

Further information on this program or other free community services is available at the education department, 373-7850, ext. 2875.



Carole and Jerry Jackman enjoy their steak dinner as Susannah waits in her crib.

## Parents get a special dinner treat

8-6-84

PROVO — The birth of a baby is something special, but Utah Valley Regional Medical Center is adding a little icing to the cake.

To commemorate the special event, the hospital will provide the new parents with a private steak dinner.

"This gives couples a chance to spend a quiet, romantic dinner together before going home to the pressures of a new baby," said Kathy Vennum, head nurse in postpartum recovery.

The nurses set up a dinner table in the mother's room

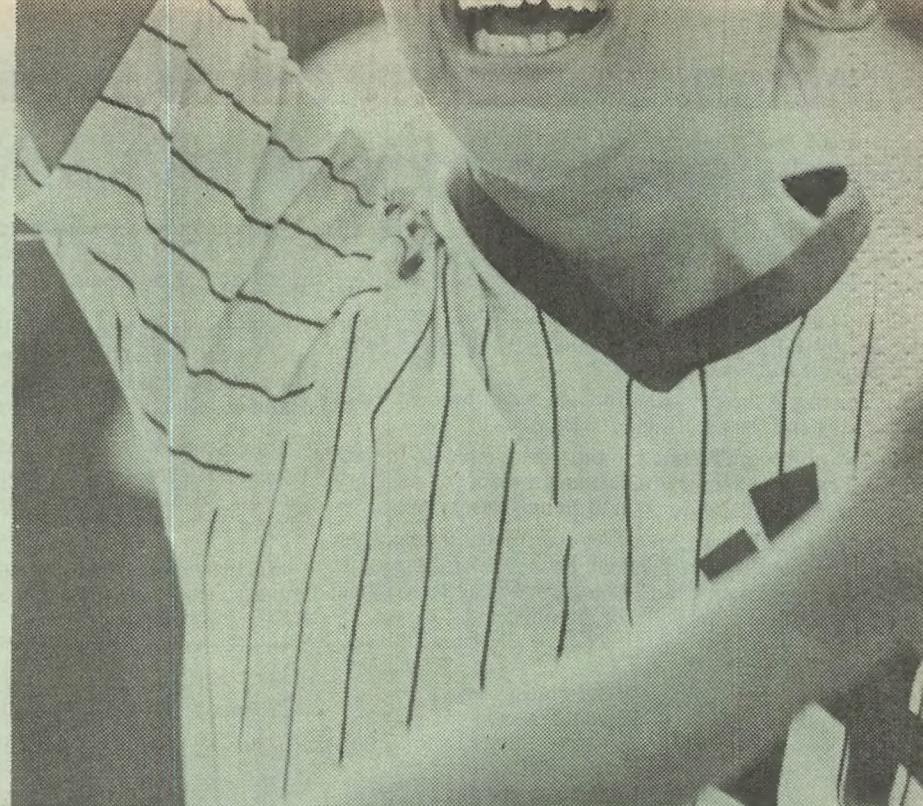
or in one of the floor's private resource rooms if she shares a room.

"The new mother and father then enjoy a steak dinner, complete with salad, roll, vegetable, baked potato, beverage and dessert," she said.

Even if the mother has a short stay of 12 hours, or an infant is in intensive care, or there are any other difficulties, she and her husband can return for their dinner another time with prior notification, Mrs. Vennum said. "This is just another way the hospital has of showing its appreciation to our customers, especially our new parents," said Jerry Sorensen, director of public relations.



perches on helmet  
warm up, above.  
Baumgartner, right,  
homer for the  
Little League crown.



PHOTOGRAPHY/GARY McKELLAR

Yankees  
started  
rally  
double  
Wood-  
' their  
  
another  
pulled  
runs of  
red off  
  
e at 4-4  
the um-  
second  
a sin-  
third  
wever,

when Baumgartner dashed for third on Gren's hit, the ball hit him in the leg and the umpire at third base called Baumgartner out. But the homeplate umpire overruled the call, saying the Dodgers' pitcher touched the ball before it hit Baumgartner. The umpire then allowed Baumgartner to score, saying that he would have scored if the ball wouldn't have hit him. This tied the score 4-4.

With the rain coming down steadily, the Dodgers scored the go-ahead run in the top of the sixth off an overthrown ball to the Yankees third baseman. Worthington scored the run.

However, the Yankees came back in the bottom of the sixth with a single each by Finch and Jasper. And the rest was history as Baumgartner stepped up to the plate and hit his game-winning home run.

Fifth place in the tournament went to Nephi NRP No. 1 as they beat the Payson Cardinals, who finished 10th, 12-10. Moab First Western took sixth with a 5-4 win over the Payson Giants; the Nephi Merchants finished seventh in the tournament by beating the Payson Orioles 13-10 and the Gunnison Giants took ninth by beating the Pleasant Grove Dodgers.

In Friday's games, the Pleasant

Grove Cardinals beat the Orem Southeast Yankees, 6-5; the Pleasant Grove Dodgers blasted the Pleasant Grove Yankees, 15-5; the Payson Orioles shutout the Sanpet Indians, 5-0; Moab First Western beat the Orem Southeast A's, 6-4; the Nephi Merchants slipped past the Orem Southwest Mets, 11-10; Nephi NRP beat the Orem Southeast Colts, 9-6; the Gunnison Giants beat the Pleasant Grove No. 2 team, 7-5; the Payson Giants bombed the Orem Northeast Twins, 14-7; the Payson Cardinals beat the Pleasant Grove Braves 8-3; and the Orem Southwest Dodgers beat the Moab Elks, 10-2.

## m for 67 n best-ball

on the local tournament schedule is amateur Sunday at Cascade Fairways in Orem. Shotgun starts are scheduled at 2 p.m. and golfers are allowed a handicap of 18. Entry fee is \$25. Prize money will be based on the number of addition, a set of Browning woods and given to the golfer scoring the tourna-hole-in-one. To enter call Cascade at

classes for adults and juniors will be at Tri-City Golf Course in American Fork. Classes are scheduled for 8 a.m. and adult classes will be at 10 a.m. and 5 p.m. will be held Tuesdays and Thursdays for a total of six lessons. Adult cost \$25 and juniors \$18. The fees include balls and instruction. Classes will be taught by MacArthur. Those interested can call 756-3594 to sign up.

## Tri-Cities slips past Alta 6-5, advances

MURRAY — Tri-Cities scored four runs in the bottom of the sixth inning Saturday to beat Alta 6-5 in the first round of the American Legion state baseball tournament.

Complete details of the tournament will run daily in the regular Deseret News sports section.

Tri-Cities, the District 4 champion, stretched its winning streak to 10

games and upped its overall record to 22-12. Tri-Cities won the league championship last Wednesday when Orem forfeited. Orem was only half a game behind Tri-Cities before it forfeited.

Orem then had to play Helper to decide second place in the district — and lost a doubleheader, allowing Helper to go to the state tournament as the second-place team.

## OLD NEWS = GOOD NEWS

Beginning August 11, Saturday, our new recycling center will open in Provo. We will buy newspapers and aluminum cans from individuals and private organizations 6 days a week — year round. So save your newspapers and aluminum cans for opening day and take part in a special drawing for the kids.

**SEAGULL RECYCLING**  
975 West Center Street, Provo, Utah

# Hospital salutes director of housekeeping for his efficiency, cost savings

*13 July '84*

PROVO — Kenn Voeller, director of environmental services (housekeeping) at Utah Valley Regional Medical Center, has been named outstanding department manager for the second quarter of 1984.

Selection by the hospital's administrative council is based on the manager's record of cost-containment while maintaining quality service, teamwork with other departments and consumer orientation.

Keith Tintle, associate administrator, said Voeller was chosen because "in the short time he's been department head, the hospital is significantly cleaner, and he's saved thousands of dollars at the same time."

To contain costs, Voeller has established a linen-users committee among the nursing units to promote more efficient use of linens. "When you're talking about thousands and thousands of pounds of linens each year, conserving a little with each patient really adds up. We expect to save thousands of dollars this year in linen costs alone," he said.

"The nurses have really taken the initiative to control use in their own areas. After that, the rest is easy for me."

Voeller has also reduced supply costs by "shopping around" for new vendors and mixing cleaning solvents himself. "With one product, for example, we save 80 percent of the cost by mixing it ourselves."

Through increased employee in-service training and personally promoting pride in housekeeping work, employees have reduced industrial accidents in the department by more than 75 percent and have stepped up productivity as well.

"Kenn now keeps the whole hospital clean with the same man-hours we had before we even built the patient tower," Tintle said. The patient tower holds six floors of patient rooms and the hospital's dietary, supply and processing facilities.

Voeller said the savings have been accomplished through employee training and by concentrating on patient areas rather than office space.

Voeller has also geared his housekeepers to personally serve the patients, not just clean their rooms. At the end of each shift, housekeepers take an extra minute with each patient on their floor to see if anything has gone amiss.

"Just that little extra time goes a long way toward letting the patients know we're here to serve them," added Voeller. "And about half the time something has come up that needs to be taken care of."

Patients with questions or complaints, or who need some emergency cleaning done, are encouraged to call environmental services directly for what Voeller guarantees will be a response within five minutes.



held 5 world titles,  
her top athlete.

tes improves in the coun-  
the only bargaining power  
rformance of athletes. If we  
athletes we won't be ex-  
eason she is working to  
d field in her native

s what it takes to become  
te. She competed in the  
mpics. She won a bronze  
er hurdles in 1968. In 1970  
world's best athlete by the  
at that time she held five  
100- and 200-yard dashes,  
eter dashes and the 100-

ear's Republic of China  
t win any medals, it does  
ing athletes. Perhaps the  
Lee, known by team  
sian Iron Man." Lee is the  
ampion in the decathlon.  
Shoei Guu is the runner-  
thinks Lee can finish in  
ecathlon.

te is Li-Jiau Lai, the Cal-  
ge 400-meter champion.  
be the first Olympics for  
they are no strangers to  
etition.

ey should be nervous,"  
got lots of international  
argest meet team mem-  
as the 1983 World Cham-  
ki, Finland.

The thing that sets the Youth Championships apart from the Junior Olympics is that to make it to the Youth Championship, Utah athletes had to meet qualifying times rather than place in a state meet. O'Byrne and his people set the national standard by reviewing the previous year's results and the number of people competing.

"We set the standards at the national convention and every year the national standard changes," said O'Byrne.

It was a festive mood to say the least as one watched athletes and parents prepare for the day's activities. And with the mountains that make such a picturesque backdrop to the Cougar track facilities in full view, the impression on the thousands of out-of-state visitors had to be arresting.

"The Olympic spirit is here," said O'Byrne. "The numbers are great and there is a lot of enthusiasm."

"I think people will go back to their homes and remember this scene."

One of the main objectives of the athletic congress and the Youth Championships is to provide a quality and safe program. "By safe we mean the kind of program that won't cause athletes to burn out.

"We want these athletes to come back," said O'Byrne.

One of the problems that the athletic congress has had in the past is getting the big name track and field stars out to support the youth meets. But Thursday was a rare exception with the likes of Doug Padilla, Paul Cummings and '64 Silver Medalist Blaine Lindgren present and accounted for, with Henry Marsh expected later in the day.

"It's great to have these guys out," said O'Byrne. "The kids will see these guys and say 'I'm going to watch these guys on TV next month.'"

So with more than 1,800 athletes in attendance, nearly \$15,000 payed out by TAC to cover the basic expenses, and literally hundreds of volunteers scattered across, between and around the Chevron sea-blue track, all wearing white T-shirts and official white TAC golf hats, the second largest track meet in the U.S. got underway.

# Mark Howard

2 May 1985

**Occupation:** Administrator, Utah Valley Regional Medical Center, chairman of the Utah Hospital Association, winner of the Bronze Star in Vietnam as administrator of MASH unit.

**Age:** 43 (May 1).

**Birthplace:** Malad, Idaho.

**Current home:** Orem.

**Marital Status:** Married with 3 children.

**Worst job:** Vietnam during attack.

**The last good movie I saw was:** "Somewhere In Time."

**The best book I have read recently:** "Iacocca."

**My favorite TV show is:** "M\*A\*S\*H."

**Favorite pig-out food:** Barbecue potato chips.

**Nickname:** "Howie."

**Favorite performers and athletes:** Roger Williams and Todd Christensen.

**Nobody knows I:** Wear blue jock strap with BYU No. 1 on it.

**I'm a sucker for:** People who need help.

**A really great evening for me is:** With my wife and family.

**My fantasy is:** Being pilot of an ultralight plane.

**The best advice my mother gave me:** On my way to Vietnam: "Son, I'd rather have a dead hero than a live coward."

**The one thing I like most in a person is:** Loyalty.

**The one thing I can't stand in people is:** People who can't make decisions.

**If I could change one thing about myself, I would:** Have hair on top of my head.

**My most irrational act was:** Riding a bull in a rodeo.

**Why I think friends like me:** I try to be honest with them.

**What I like the most about Utah Valley:** Everything. The community, BYU, the people and hospital.

**What I like least is:** haze and smog.



Howard

(Continued from Page 1)

Kerr and Raymond Cooper for testimony on physical evidence at the scene of the crimes.

Highland residents and local church leaders Richard Stowe and Chloe Low also testified. Stowe was the stake president who counseled Ron and his wife Diana as they considered divorce, even having the couple stay in their home 10 days one time. Ron was once a first counselor to Stowe, who ultimately presided over Ron's excommunication from The Church of Jesus Christ of Latter-day Saints.

Stowe said Ron was ousted from the church for apostasy, and failure to provide for his family.

Chloe, according to her husband David Stewart Low, became "as close as sisters" with Diana as the divorce neared. Chloe helped Diana pack to leave for Florida after the divorce, and she said Ron accused her of undermining him in efforts to keep his marriage together.

Low said Ron believed without her help Diana would not have divorced him, "and he said, 'I will blame you for the break-up.' "

Prosecutors contend the defendant burglarized the Low home with intent to kill the woman. Ron is also accused of conspiring to kill Stowe. Both were named in the revelation.

Allen Lafferty, now a Palm Desert, Calif. resident, said in afternoon testimony that he was aware of conflicts Ron Lafferty, 43, and his wife Diana were having over religious views which the defendant had also discussed with Allen. Ron told Allen he thought all six Lafferty brothers would be involved in rebuilding Zion and a City of Refuge in Salem.

Allen said he shared some of Ron's views on the Constitution and religion, knew of Ron calling himself a prophet and receiving revelations, but Brenda wanted him to stay away from Ron.

Allen said Brenda gave Diana solace while she was divorcing Ron in 1983, and he recalled that Ron had advised him to warn Brenda to stay out of it.

He said he first heard from Dan Lafferty, 36, about the revelation Ron Lafferty had about "removal" of Brenda, the baby and Low and Stowe.

"I was shocked about it in a way, and I didn't show my true feelings really, as I saw it as an effort on Ron's part to show me the seriousness of his hurt," Allen said.

"I think he wanted to impress me to influence my wife not to meddle...which I tried, but she had her free agency," Allen said. He said Dan also told him the baby was named in the document.

"(I thought) if God had

# NEWSLINE: the West

## Hospital administrators elect Utah Valley official

Mark J. Howard, administrator, Utah Valley Regional Medical Center, Provo, has been elected chairman of the board of the Utah Hospital Association for 1985.

Howard succeeds Val Christensen, administrator of Mountain View Hospital, Payson, in the post.

New officers were seated during the UHA's annual business meeting recently in St. George.

Howard told hospital representatives that hospitals must look for new ways to remain economically sound. Keeping constituencies informed about changes in health care is one of their responsibilities, he said.



**Mark J. Howard**

"We must also be responsive to business' expectations that hospitals not only deal with diseases and cures, but also with prevention and wellness programs that promote reduced absenteeism and maintain a healthy and productive work force," he said.

He said he anticipates a year characterized by an affirmative spirit of cooperation with government, medical professional organizations, business and community leaders and third party insurers to promote affordable, effective health care.

coming to market and producers are facing more disappointing prices than expected.

Although the total for October was up, only seven items increased in price while 13 items went down.

Other price increases included ice cream, up 10 cents; DelMonte canned pineapple-grapefruit drink and Welch's 18-ounce grape jelly, each up 6 cents; and DelMonte canned stewed tomatoes, up 3 cents.

Items that dropped included Rose-dale canned pears, down 9 cents; Betty Crocker cake mix, down 7 cents; large grade AA eggs and store brand bread, each down 6 cents; Starkist tuna and 24-ounce Wesson oil, each down 5 cents; Blue Bonnet margarine and Shasta soda pop, down 2 cents.

U&I 10-pound bags of sugar dropped 1 cent, the first change in sugar prices in a year.

The Deseret News checks prices of 27 items in four stores at the end of each month. Prices for each item are then averaged to arrive at a total.

An Associated Press marketbasket survey also found that prices remained fairly stable in October, with cheaper beef and eggs offsetting more expensive butter and peanut butter.

The AP survey, which checks a different list of items than that used by the Deseret News at one store in each of 13 cities, found grocery prices

and that's a  
Really, that  
prices," said  
mist at Data  
ton, Mass.

"The market  
seems to be  
anything un-  
much round."

"If it keeps  
tion for a few  
time to get w  
py, dependin  
said.

But falling  
lens for so  
another per-  
egg prices  
some very  
out there,"

Bob Saat  
ity research  
curities Inc.  
the recent  
continued in

"You're go  
er egg produc  
mid-1985. The  
prices lower  
rallies at The  
with everyo  
he said.

The AP  
tab in Salt  
Chopped ch  
and peanut b  
ers dropped

# Chase

Continued from B-1

Whitworth said the car was first spotted at 12:30 a.m. Monday speeding north on State Street about 37th South. It matched the description of a car being sought in connection with an accident about midnight Sunday in

were severa

Salt Lake  
chase as the  
South. At the  
vehicles we

Ipson said  
Liberty Pa  
managed to  
said the driv  
liberately si  
Wardle's ve